

# i - r e s t



## Supplement Facts

Serving Size: 1 mL (9 sprays)

Servings Per Container: approximately 30

	Amount Per Serving	% Daily Value
Proprietary Blend	104 mg	†
5-HTP, L-Tryptophan, Skullcap (Scutellaria baicalensis)(root), Valerian (Valeriana officinalis)(root), Passion Flower (Passiflora incarnata)(flower), Hops (Humulus lupulus)(flower), Chamomile (Matricaria recutita)(flower), Melatonin		

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

**Other Ingredients:** purified water, vegetable glycerin,  
natural flavors, stevia, citric acid, xanthan gum.

**Gluten-Free**

These statements have not been evaluated by any governmental agencies.  
These products are not intended to diagnose, treat, mitigate, cure or prevent any disease.